

Learn About the Molecular Hydrogen Institute



QLIFE HYDROGEN SOLUTIONS

Molecular Hydrogen, Health, & Lifestyle

Hello Our Healthy Friend,

In this newsletter, we would like to share more about the molecular hydrogen foundation. The molecular hydrogen foundation has been providing information regarding research, studies, & even courses on Molecular hydrogen. See what they are about below.

[What is the Molecular Hydrogen Foundation?](#)



MHI has been changed to MHF (Molecular Hydrogen Foundation): [website here](#)

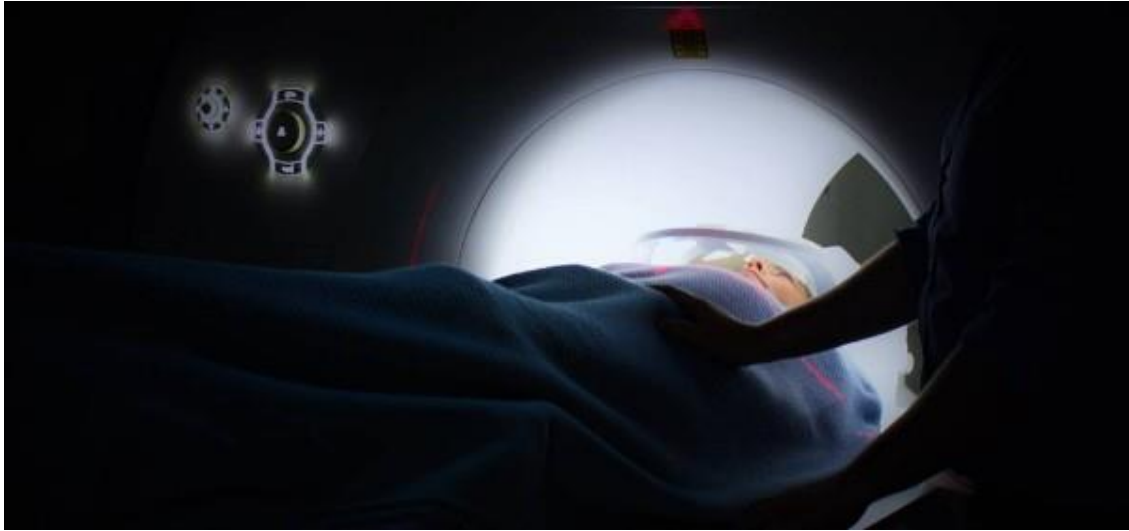
Is a science-based nonprofit focused on advancing the education, research, and awareness of hydrogen as a therapeutic medical gas. You will find a plethora of research and [medical studies](#) that have been done on the topic of molecular hydrogen as well.



Learn more about how hydrogen therapy could benefit you by watching this video. Tyler Lebron provides complete information on how hydrogen therapy works and the benefits it has to our bodies.

Learn About Molecular Hydrogen

Studies, Research, & Info on Molecular Hydrogen



How Hydrogen-Rich Water Can Improve Quality of Life for Liver Tumors Patients on Radiotherapy

For cancer patients, it's well known that the side effects of treatment can be debilitating. Some find them almost as bad as the tumors themselves. People receiving radiotherapy often complain of immense fatigue, which adversely affects their quality of life.

This might seem like a sadly inevitable side effect of vital treatment. But researchers have recently looked at one simple way of alleviating these symptoms, which so badly affect people at such a difficult time.

They explored whether hydrogen treatment could relieve fatigue and increase the quality of life for patients suffering from malignant liver tumors and their findings are promising.

WHAT IS OXIDATIVE STRESS?

It is believed that the side effects of radiotherapy may be linked to increased oxidative stress.

As you breathe oxygen, your body produces molecules called free radicals, which can be damaging to cells. However, as part of this oxidation process, your body also has antioxidants, which neutralize the free radicals.

The problem occurs when there's an imbalance between the free radicals and the antioxidants. That's when oxidative stress happens.

Oxidative stress has been linked to around 200 human diseases. These include cancer, kidney disease, Alzheimer's, heart disease, and diabetes. Those links are not yet proven.

Radiotherapy is believed to increase oxidative stress and inflammation, leading to increased fatigue and reduced quality of life experienced by patients.

[READ MORE](#)





Meet Q-Mist, The Hydrogen Water Skin Diffuser

The Q-Mist is the best way to protect & repair your skin's free radicals, which form due to air pollution and UV rays of the sun. Just slide the Q-Mist down and start moisturizing your skin with the best antioxidants and minerals, & moisten with nanoparticles



But before we get into the science of it all, let's see what the benefits of having this water are

- Neutralizes free radicals cause by reactive oxygen species (ROS).
- Anti-inflammatory power after skin surfer from UV damage or sunburn.
- Fights acne, sterilizes up to 99% of bacteria & eliminates wastes.
- Creates micro water clusters through electrolysis for faster skin absorption and maximize moisturizing.
- Powerful exfoliation effect by Hydrogen water as an anti-aging & antioxidant property.
- Hydrogen water is medically proven to fight various skin diseases.

Read the Studies

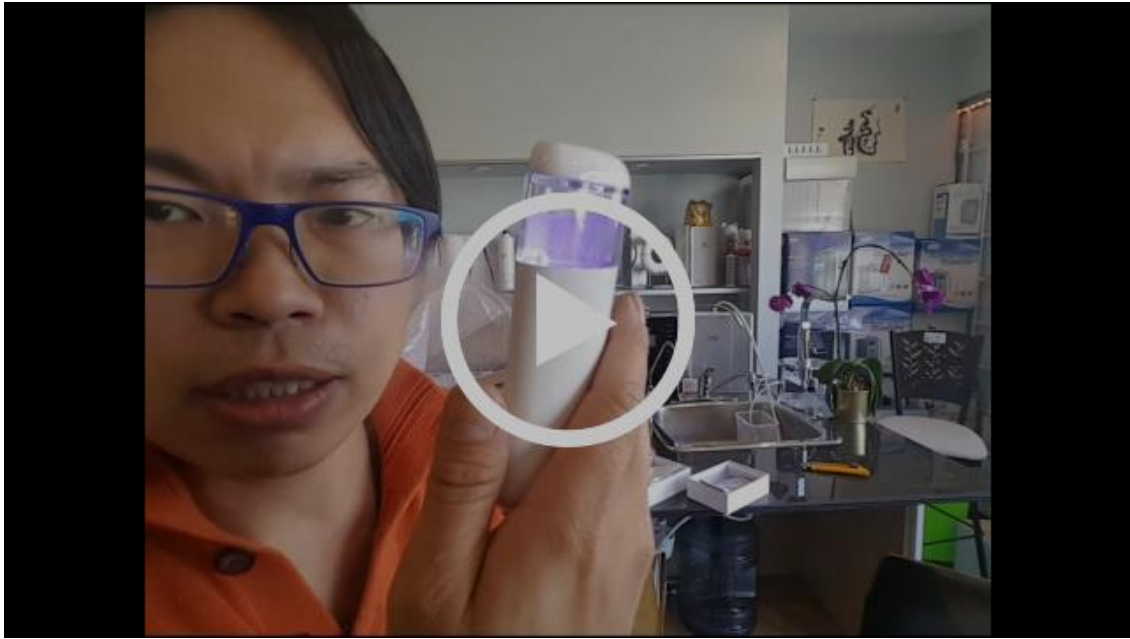
- H2 water reduces human skin cell damage from (UV) rays: [\[Study\]](#)
- Hydrogen(H2) treatment for acute erythematous skin diseases: [\[Study\]](#)

Qlife Hydrogen Solutions Friends & Supporters

Healthy, Radiant Skin & Anti Aging Secrets!
Skin Care Tips, Antioxidants, Hydrogen Water Qmist



Qmist Hydrogen Mister Open Box by Seng



Qmist Hydrogen Mister Open Box by Cece



Qmist H2 Mister

Hydrogen Mister Generator Spray for Eyes and Skin

Protect your skin & eyes from free radical damage with molecular hydrogen. The Qmist is a great way to keep your skin cool, reduce free radical damage, & stay refreshed. It is a must-have during the summer, and do try it out.

Retail Price: ~~\$76.00 USD~~

Sale Now: \$65.95 USD

Start protecting your skin from Harmful UV while

staying cool this summer with the Q-Mist on sale now.

[Learn More](#)

We hope to keep you updated with the latest information on healthy lifestyle living and hydrogen therapy.

Thank you for reading!



“I believe the greatest gift you can give your family and the world is a healthy you.”

Joyce Meyer

